

DID YOU MISS THE 2020 PUBLIX GASPARILLA DISTANCE CLASSIC RACE WEEKEND?

FLASHBACK

OR...DID YOU PARTICIPATE, BUT AFTERWARD, HAD THOUGHTS ABOUT RUNNING OR WALKING A SECOND, THIRD OR FOURTH RACE WEEKEND EVENT?

IF SO, **YOU AARRRGH READY FOR THE FLASHBACK TO FEBRUARY VIRTUAL RUN!**

A Virtual Flashback To February...why?

For the last few years we've received requests from lots of runners and walkers for a virtual option during the Publix Gasparilla Distance Classic (PGDC) Race Weekend. For one reason or another, they weren't able to make it to Tampa to Run For The Booty! The Gasparilla Distance Classic Association, wanting to ensure there was enough Booty for all registered in-person participants, felt it best to focus on an in-person Publix Gasparilla Distance Classic Race Weekend.

Fast-forward to today. For the first time, the 2020 PGDC Treasure Chest is brimming with spare Booty. The Flashback to February Virtual Run will give runners and walkers everywhere a chance to Run For The Booty and help us with swabbing our decks too! So, think cool February thoughts and let's do this!

How much Bounty for my Booty?

Register online only for the Flashback to February Virtual 15K, 5K, Half Marathon and/or 8K anytime between **now** and **August 31, 2020**.

- 15K -\$10
- 5K -\$10
- Half Marathon -\$15
- 8K -\$10

How will I receive my Goody Bag?

Your Goody Bag can be shipped (+\$7.00) or if you live in the Tampa Bay Area, Goody Bags will be available for **FREE** pick-up on designated dates at select local running specialty stores.

• Packet Shipping: (+\$7.00, contiguous US Only)

At this time, we cannot ship to Alaska, Hawaii, Puerto Rico, or internationally.

• Packet Pick-Up at select Tampa Bay Area locations. NO CHARGE

Locations, dates and times for Packet Pick-Up will be provided during Flashback To February Virtual Run online registration. Registered participants will be asked to select their location, date and time for Packet Pick-Up.

When will my Goody Bag ship?

Goody bags will be shipped the week of **September 6, 2020**, to those who paid the \$7.00 shipping fee.

Will the Goody Bags include the same amazing 'Booty items' as those that were a part of the actual 2020 PGDC Race Weekend?

Yes! The Flashback To February Virtual Run includes ALL of the same colorful shirts, finisher's medals, finisher's towels and while supplies last, a 2020 PGDC Bandana.

**Quantities are limited in some shirt sizes. During Flashback to February Virtual Run online registration, available quantities will be listed and updated with each registration.*



We recommend that all participants review the [Leslie Jordan Shirt Sizing Chart](#). We are unable to offer a shirt size exchange for the Flashback to February Virtual Run.

When and where can I run/walk?

This is your virtual PGDC 15K, 5K, Half Marathon and/or 8K. You can complete it whenever and wherever you want... we want you to make the experience your experience.

Please remember to stay hydrated, to run, or walk in an area that is safe from a physical perspective, and also, please follow all COVID-19 physical distancing guidelines that have been laid out by your local government.

How do I track my distance and time and, how do I submit my results?

For tracking and results submission, the Flashback To February Virtual Run will utilize the free ASICS Runkeeper GPS Tracking App, official Tracking App of the 2021 Publix Gasparilla Distance Classic Race Weekend. ASICS Runkeeper syncs seamlessly with Apple Watch, Garmin Watch, Fitbit, My Fitness Pal and many more devices.

If you don't have a tracking device such as Apple Watch, a GPS watch or Fitbit, that's OK too. Once downloaded to your iPhone or Android Device, the ASICS Runkeeper app can be utilized to track your virtual run/walk.

48-hours after completing your Flashback to February Virtual Run registration, you'll receive an email prompting you to download the ASICS Runkeeper app. This email will also provide detailed instructions for tracking a virtual run/walk, and how to post results to the Race Roster dedicated Flashback To February Virtual Run leaderboard results page.** If after 48-hours, you haven't received this email, please check your Junk Folder.

***Although suggested for enjoying the complete Flashback to February Virtual Run experience, Results Posting isn't required.*

How long do I have to complete my run or walk?

As much time as you need, but if you'd like a finisher's certificate to commemorate your Flashback To February Virtual Run experience, we ask that you complete your run or walk and upload your results prior to October 31, 2020.

Do I need to submit a Finish Time/Results to get a 2020 PGDC Finisher's medal?

No. If you paid for shipping, your finisher's medal will arrive with the rest of your Booty.

If you selected Pick-Up at one of the available Tampa Bay Area running specialty stores, all of your Booty, including your finisher's medal, will be available for pick-up.